



Mum on the Move Family Holiday Packing List

Clothes & Accessories:	
Shorts/Trousers	
Dresses/Skirts	
T-Shirts/shirts	
Sweaters/cardigans	
Socks	
Tights/Leggings	
Underwear	
Shoes	
Hat	
Pyjamas	
Jewellery	
Sunglasses	
Coats/rain jackets	
Scarves	
Gloves	
Equipment	
Baby Carrier	
Buggy/Pram	
Daybag - small backpack or similar	
Car seat/booster seat	
Water bottles	
Snack Boxes	
Cameras	
Chargers - camera/ipad/phone/laptop/kindle	
Travel adaptors	
Toiletries	
Shower Gel	
Shampoo & conditioner	
Kids bubble bath/soap	
Kids shampoo	
Toothbrushes	

Toothpaste – adults & kids	
Dental floss	
Deodorant	
Lip balm	
Contact Lenses	
Glasses	
Cleanser/Toner/Moisturiser	
Body Lotion	
Hand sanitiser	
Hairbrushes & hairbands	
Mum’s makeup	
Feminine hygiene products	
Razors	
Shaving gel	
Nail clippers	
Tweezers	
First Aid Kit	
Thermometer	
Kids Paracetamol/Ibuprofen	
Plasters	
Antiseptic cream/wipes/spray	
Antihistamine	
Motion sickness tablets	
Special medication	
Toys:	
Books	
Teddy/Soft toy	
Puzzles	
Inflatable ball	
Colouring books & crayons	
iPad	
Bath toys	
Playing cards	
Bubbles	
Documents:	
Passports	
Visa documents	
Flight and booking confirmations	
Credit cards	
Frequent flyer cards	
Hotel loyalty cards	
Travel/Medical insurance documents	
Guide Book	
Cash in required currencies	

Additional Items For Babies & Toddlers	
Travel Cot/Inflatable toddler bed	
Portable high chair - eg Totseat	
Sleeping bags	
Nappies/Diapers	
Wet wipes	
Nappy/diaper sacks	
Nappy cream	
Changing mat	
Steriliser/Steriliser bags/steriliser tablets	
Bottles	
Formula	
Breast pump	
Nursing cover-up	
Dummies/Pacifiers	
Washing up liquid	
Bottle brush	
Snacks	
Fruit pouches and baby food	
Plastic feeding bowl	
Feeding spoons & kids cutlery	
Sippy cup	
Muslins/Burp cloths	
Bibs	
Baby Monitor	
Additional Items for the Beach	
Swim nappies	
Swimming costumes	
Sun cream	
Hats	
Swim goggles	
Picnic blanket/Large towel	
Mosquito repellent	
Buckets & Spades	
Beach ball	
Arm bands/swim jacket	
Beach bag	
Beach towels	
Talcum Powder (for removing sand easily)	
Swim cover-ups	

Carry on Luggage for Babies & Toddlers	
Nappies/Diapers	
Wet Wipes	
Nappy Sacks	
(I put all of the above in a large Ziploc bag that is easy to get to for nappy changes)	
Changes of clothes	
Nursing cover-up	
Formula - pre-measured for ease	
Pre-filled Baby bottles	
Dummies/pacifiers	
Baby Blanket	
Water bottle	
Snacks	
Toys	
Books	
Hand sanitiser	
Carry on Luggage for Older Kids	
Change of clothes	
Hoodie/sweater	
Water bottle	
Snacks	
Books	
1 or 2 toys	
Colouring/Activity book & crayons/pens	
Stickers	
Playing Cards	
Ipad	
Headphones	
Hand sanitizer	
Blow-up pillow	